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Department Head @ RHC

Jennifer Pitts-Administrator
 Syed Zaidi- Medical Director
 Vivian Bridges-DON
 Libby Butterworth-ADON
 Vicki Boyd- Social Services
 Emily K. Caton-Admissions
 Andrea Pearson-Activities
 Diane Cotton- Director of Rehab
 LaQuita Edwards-Dietary
 LaKeisha Lattimore-House keeping
 Curt Langley-Maintenance
 Shellie Hargett- Resident Voice Advocate

Fun Facts:

- The Name of this month was derived from Maia, the Roman goddess of growth.
- Maia is also one of the brightest stars in the Pleiades, in the Taurus constellation.
- Mays birthstone is the Emerald, which signifies rebirth, youth and is thought to grant the wearer foresight .
- The Flower of the Month is the Lily of the Valley , a symbol of sweetness.

Current Events and Holidays:

- **May 4th –Star Wars Day**
- **May 5th- Cinco De Mayo**
- **May 6th-National Nurses Day!** 
- **May 10th- National Receptionists day!**
- **May 12th –Mothers day!**
- **May 18th –National Armed Forces day!**
- **May 27th-Memorial Day!**

Our Therapy Department and what they do!

Physical therapy-The Physical therapist provide retraining in the following areas: Ambulation, transfers, range of motion & strengthening, contracture management, pain & edema management, neurological rehabilitation, and fall prevention & management.

Occupational Therapy-The occupational therapist can help people who have problems and/or difficulty with: Bathing, feeding, dressing, using hands, getting around living area, poor endurance during daily tasks, transfers to toilet and shower, lack of participation in leisure activities, & home setup safety.

Speech Therapy- Speech & Language pathologist treat individuals with any of the following disorders: Speech disorder, language disorder, swallowing disorders, cognitive-linguistic disorder, & confusion & memory deficits.



Pictured: Left to Right
 Our COTA
 Arianna M, Our Rehab Director
 Diane C & Our Speech Therapist
 Stephanie A.
 We Love our Therapy Department!

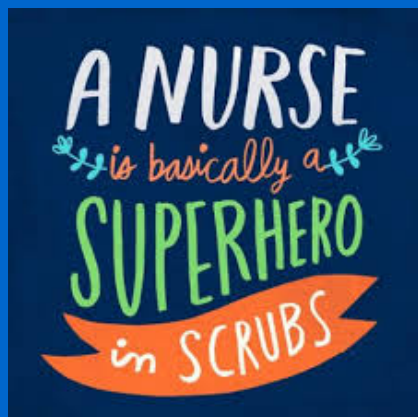
Employee Shout outs:

- Thank You Mary and Mrs. Daisy for going the extra mile for our residents.
- Thank you to all of our CNA's for pulling together to help each other out.
- Congratulation's Geneva on being voted CNA of the month!



National Skilled Nursing Care Week:
May 12th -18th

National Nurses Week – May 6th-12th
We appreciate everything that you do !



Sweet Treats: PIG PICKIN' CAKE

The Cake:

- 1 box yellow cake mix
- 1 stick unsalted butter(1/2 cup) Softened
- 1(14oz)can mandarin oranges drained,1/2 cup juice reserved
- 4 Large eggs
- 1 teaspoon vanilla extract.



For the Topping:

- 1(4oz) box Vanilla instant pudding mix
- 1(20 oz) Can crushed pineapple(juice reserved)
- 1/2 cup powdered sugar
- 4 oz. Cool whip (half a regular tub)
- Extra mandarin orange slices, for garnish

Instructions:

1. Preheat the oven to 350 degrees. Spray 9x13 baking dish with non-stick cooking spray.
2. For the cake, combine cake mix, butter, 1/2 cup juice from the mandarin oranges, eggs, and vanilla. Beat for 3-4 Minutes on medium-high.
3. Add drained oranges and stir until combined.
4. Pour batter into prepared baking dish and bake for about 20-25 minutes.
5. Remove from oven and cool completely.
6. Once cake is cool, blend juice from drained pineapples with the vanilla pudding mix.
7. Stir in powdered sugar. Then mix in whipped topping.
8. Finally, stir in drained pineapples.
9. Spread frosting on cooled cake.

Optional: Top with mandarin oranges