

Ripley Healthcare Gazette

February, 2020

Current Events:



February is American Heart Month

February 1st - National Freedom Day

February 5th- National Signing Day

February 7th- National Wear Red Day

February 11th- National Make a Friend Day

February 14th- Valentines Day

February 17th- Presidents Day

February 21st - National Sticky Bun Day

February 25th- Mardi Gras

February 28th- National Chocolate Soufflé Day

Department Heads @ RHC

Jennifer Pitts-Administrator Dr. Syed Zaidi- Medical Director

Vivian Bridges-DON Libby Butterworth-ADON

Michael McCloud-SDC Andrea Long- MDS

Mary Walker- BOM Judy Ray-Payroll/BCAP

Lisa Cohill-Medical Records/Central Supply Vicki Boyd- Social Services

Emily K. Caton-Admissions Andrea Pearson-Activities

Diane Cotton- Director of Rehab LaQuita Edwards-Dietary

LaKeisha Lattimore-Housekeeping Curt Langley-Maintenance

Shellie Hargett- Resident Voice Advocate

Heart Works at Ripley Healthcare



Your Heart Is In good Hands

We Love Caring For Your Heart

Our clinical & therapy staff have undergone intensive training to better care for people with heart failure or other cardiac disease. Our Heart Failure management program includes best practice and ongoing education, including following up after discharge to ensure best possible outcomes and avoid unnecessary re-hospitalizations.

Heart Works Rehab Program:

Heart Failure Clinical Management Program

Stress Relieving Relaxation Room

Ongoing patient and Family Education

Follow up post Discharge to the Community

Fun Facts :

- Originally, February was made the last month of the calendar year. Eventually (c. 450 BC), February was moved to its place as the second month.
- It's the only month that can pass without having a full moon. That doesn't mean February never has a full moon—it usually does, as a matter of fact. The last time it didn't was 1999. The next time it won't have a full moon? 2037!
- Groundhog Day—Feb. 2—is based on a German superstition. In Germany, though, it's not a groundhog that forecasts either an early spring or a longer winter: It's a badger

Sweet Treat: Strawberry Cream Cheese Heart Cookies.



Ingredients:

1 pouch Betty Crocker™ sugar cookie mix

¼ cup Gold Medal™ all-purpose flour

4 oz strawberry cream cheese, softened

2 teaspoons grated lemon peel

1 egg

Neon pink food color, if desired

Assorted candy sprinkles

Steps

1. Heat oven to 375°F. Line cookie sheet with cooking parchment paper.
2. In a medium bowl, stir cookie mix, flour, softened cream cheese, lemon peel and egg until soft dough forms. Stir in food color to get desired neon pink color. Roll dough 1/4 inch thick on a lightly floured surface. Cut with 2 1/2- to 3-inch heart-shaped cookie cutter. Place 1 inch apart on cookie sheet. Decorate cookies as desired by pressing assorted sprinkles into dough.
3. Bake 7 to 9 minutes or until light golden brown around edges. Remove from cookie sheet to cooling rack. Cool completely, about 15 minutes



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